

Yr Ysgol Gymraeg, Coedlan Plascrug, Aberystwyth, Ceredigion SY23 1HL
Ffôn / Tel: 01970 617613 Ffacs / Fax: 01970 636742

Prifathro / Headteacher: Mr R. Clive Williams

Diwrnod Shwmae Su mae – diolch yn fawr iawn am eich cyfraniadau hael ar gyfer gweithgaredd rhedeg milltir noddedig gyda Mistar Urdd a drefnwyd mewn cydweithrediad â'r Gymdeithas Rhieni ac Athrawon. Llwyddwyd i godi £3,700. Mi fydd cyfraniadau Rhodd Cymorth yn golygu y bydd y cyfanswm terfynol tua £4,300. Mae hyn yn ymdrech ardderchog a hoffwn gydnabod eich cyfraniadau tuag at yr ymgrych. Rydym wedi cyflwyno siec o £1000 i'r Urdd ac rydym am ddefnyddio'r gweddill i brynu llyfrau darllen newydd ac adnoddau addysgol i'r ysgol.

Clwb yr Urdd – ar gyfer disgylion sy'n aelodau o'r Urdd yn unig

(**Blynnyddoedd 1, 2, 3, 4, 5 a 6 – os nad ydych wedi cofrestru yna dilynwch y linc yma urdd.cymru/ymuno i dalu aelodaeth - £10 ar gyfer unigolion, £25 i deuluoedd o 3 neu fwyr**)

Mi fydd gweithgareddau Clwb yr Urdd yn ail gychwyn pob-yn-ail nos Fercher 3.30 – 4.30 am gyfnod. Yn sgîl cyfyngiadau Covid-19 mi fydd y disgylion yn parhau i fod yn eu swigod blwyddyn ar gyfer y gweithgareddau. Casglwch y disgylion ger y brif fynedfa am 4.30yp

Amserlen:

Dydd Mercher, Tachwedd 10fed – Blynnyddoedd 2, 4 a 6

Dydd Mercher, Tachwedd 17eg – Blynnyddoedd 1, 3 a 5

Dydd Mercher, Tachwedd 24ain – Blynnyddoedd 2, 4 a 6

Dydd Mercher, Rhagfyr 1af – Blynnyddoedd 1, 3 a 5

Mi fydd Clwb yr Urdd yn parhau yn nhymor y gwanwyn a'r haf.

Gwyliau'r Nadolig – mi fydd yr ysgol yn cau ar gyfer gwyliau'r Nadolig am 3.30yp ar ddydd Mawrth, Rhagfyr 21ain ac yn ail agor ar ddydd Mercher, Ionawr 5ed 2022.

Yn sgil cyhoeddiad diweddaraf Mark Drakeford am y newidiadau i hunan ynysu, gweler isod yr hyn sy'n ddisgwylledig bellach:

Prif negeseuon:

Os oes gan rywun yn eich cartref symptomau Corona feirws neu wedi profi'n bositif:

- **Os ydych wedi'ch brechu'n llawn neu o dan 18 oed (ac eithrio plant 0 – 4 oed)**

Rhaid i chi hunan ynysu a chymryd prawf PCR. Os yw eich prawf yn negyddol gallwch roi'r gorau i ynysu a dychwelyd i'r ysgol. Yn yr achosion hyn, cynghorir disgylion ysgol uwchradd I gymryd profion LFD dyddiol am 7 diwrnod ar ôl iddynt ddychwelyd i'r ysgol.

Os bydd unrhyw ganlyniad LFD yn dychwelyd canlyniad cadarnhaol, dylid uwchlwytho'r canlyniad i'r porth Cenedlaethol a dylid cynnal prawf PCR.

Pan fo canlyniad yn gadarnhaol, rhaid i'r unigolyn ynysu am 10 diwrnod.

- **Os nad ydych wedi'ch brechu'n llawn a 18 oed neu'n hŷn**

Rhaid i chi hunanynysu am 10 diwrnod. Dylech gael prawf PCR ar ddiwrnod 2 a diwrnod 8 hyd yn oed os yw'r rhain yn negyddol rhaid i chi barhau i ynysu am y 10 diwrnod llawn.

- **Plant o dan 5 oed**

Does dim rhaid i blant o dan 5 oed ynysu na chymryd prawf os ydynt wedi bod yn gyswllt ag achos cadarnhaol – cartref neu'r thu hwnt. Fodd bynnag, ni ddylent fynychu meithrinfa na lleoliad gofal plant os ydynt yn symptomatig neu'n sâl.

Cofiwch:

Os oes gennych chi unrhyw rai o **symptomau Corona feirws** (tymheredd uchel, peswch cyson newydd, colli blas neu arogl – neu newid yn y synhwyrau hynny), dylech hunanynysu gartref a **chael prawf**. Ni ddylech fynd i feddygfa, fferyllfa nac ysbyty. Mae hunanynysu yn berthnasol i oedolion a phlant o bob oed.

Mae hunanynysu yn golygu nad ydych chi'n gadael y tŷ. Dylech hunanynysu ar unwaith os oes gennych chi symptomau a pharhau i hunanynysu hyd nes y cewch ganlyniad prawf PCR COVID-19.

Os ydych wedi cael canlyniad positif am COVID-19, neu os yw gwasanaeth Profi, Olrhain, Diogelu GIG Cymru wedi gofyn i chi hunanynysu, rhaid i chi aros gartref. Rydych chi'n torri'r gyfraith a gallech chi gael dirwy os nad ydych chi'n aros gartref ac yn hunanynysu.

Hyn oll wrth gwrs er mwyn edrych ar ôl ein gilydd a chadw ein cymunedau mor ddiogel â phosibl.

Os oes gennych unrhyw bryderon am addysg eich plentyn yna cysylltwch â mi ar unwaith

R C Williams

Pennaeth

05/11/2021

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Diwrnod Shwmae Su mae - thank you very much for your generous contributions for the sponsored running activity with Mistar Urdd organized in conjunction with the PTA. We managed to raise £3,700. Gift Aid contributions will bring the final total to around £4,300. This is an excellent effort and I would like to acknowledge your contributions to the campaign. We have presented a cheque of £1000 to the Urdd and we will use the rest to buy new reading books and educational resources for the school.

Urdd Club – for pupils who are members of the Urdd only

(Years 1, 2, 3, 4, 5 a 6 – if you have not registered then please follow this link urdd.cymru/ymuno to pay membership (£10 individually or £25 for a family of 3 or more)

Urdd Club activities will resume every other Wednesday 3.30 - 4.30pm for the next few weeks, the Urdd Club will continue in the Spring and Summer term. Due to the restrictions of Covid-19 the pupils will continue to be in their year bubbles for the activities. Collect pupils at the main entrance at 4.30pm

Timetable for this term:

Wednesday, November 10th - Years 2, 4 and 6

Wednesday, November 17th - Years 1, 3 and 5

Wednesday, November 24th - Years 2, 4 and 6

Wednesday, December 1st - Years 1, 3 and 5

The Urdd Club will also continue in the spring and summer term.

Christmas Holidays – the school will close for Christmas holidays at 3.30 on Tuesday, December 21st and will re-open on Wednesday, January 5th.

In light of Mark Drakeford's latest announcement regarding the changes to self-isolation, see below what is expected;

Key messages:

If someone in your household has symptoms of coronavirus or has tested positive:

• If you are fully vaccinated or under the age of 18 (excluding children aged 0 – 4)

You must self-isolate and take a PCR test. If your test result is negative you can stop isolating and return to school. In these instances, secondary school pupils are still advised to take daily LFD tests for 7 days following their return to school.

If any LFD result returns a positive result, the result should be uploaded onto the National portal and a PCR test should be undertaken.

Where a result is positive, the individual will need to isolate for 10 days.

- **If you are not fully vaccinated and aged 18 or over**

You must self isolate for 10 days. You should get a PCR test on day 2 and day 8 even if these are negative you must continue to isolate for the full 10 days.

- **For a child under 5**

A child under 5 years of age does not have to isolate or take a Covid test if they have been a contact of a positive case – household or other. However, they should not attend nursery /childcare setting if they are symptomatic or unwell.

Please remember:

If you have any **coronavirus symptoms** (a high temperature, a new continuous cough or a loss or change of taste or smell), you should self-isolate at home and **get a test**. You should not go to a GP surgery, pharmacy or hospital. Self-isolation applies to adults and children of all ages.

Self-isolation means that you do not leave the house. You should self-isolate straight away if you have symptoms and until you receive the results of a COVID-19 PCR test.

If you have tested positive for COVID-19, or have been told to self-isolate by the NHS Wales Test, Trace, Protect (TTP) service, you must stay at home. You are breaking the law and could be fined if you do not stay at home and self-isolate.

All this of course, to look after each other and keep our communities as safe as possible.

If you have any concerns about your child's education then please contact me immediately.

R C Williams

Headteacher

05/11/2021