

laith / Language



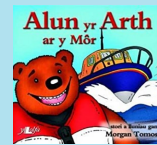
Ymarfer ffurfio, tan-gopïo geirfa, tynnu llun a labelu pethau sy'n cychwyn gyda 'rh'. Ceiswch ysgrifennu brawddeg. Beth am edrych am bethau o amgylch y tŷ neu pan ydych yn mynd am eich dro dyddiol?

Practice forming the letter, copy words, drawing pictures and labelling things that begin with 'rh'. Try to write a sentence. Look around the house for things beginning with 'rh' or look for things whilst on your daily walk.

Cwrandewch ar stôr Alun yr Arth ar y Môr— trafodwch diogelwch ar y dŵr/ lan y môr.

Listen to the Alun yr Arth ar y Môr story— discuss safety at sea/ at the seaside

<https://www.j2e.com/ysgol-gymraeg-aberystwyth/Angharad/stori+Alun+yr+Arth+i+recordio.mp4/>



Cofiwch ddarllen!



Meithrin / Derbyn

Wythnos 13/07/20-17/07/20

Remember to read!



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Cwybodaeth a dealltwriaeth o'r byd / Knowledge and understanding of the world

Edrychwch ar eich cysgod — trafodwch y siap/ maint y cysgod?

Creu blociau o rhew— edrychwch beth sydd yn digwydd wrth iddynt toddi/ gosod yn yr haul? Casglwch deunyddiau naturiol a'u rhewi yna arsylwi arnynt yn toddi.



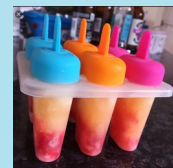
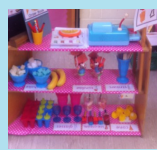
Look at your shadow in the sun— discuss the shape and size

Make ice cubes/ blocks— look what happens when they melt/ are left in the sun? Collect natural material and freeze them and observe what happens as they melt.

Creadigol / Creative

Beth am fynd am bicnic yn yr ardd/ ystafell fyw? Neu chwarae rôl siop hufen iâ/ creu lolipop eich hunain

Have a picnic in the garden/ living room? Or maybe open an ice cream parlour role play area and make your own lollipop.



Lluniwch rhestr/ creu llun o'r hyn hoffech ei wneud dros wyliâu'r haf

Make a list/ draw pictures of what you would like to do during the summer holidays

Personol a chymdeithasol a lles / Personal, social and wellbeing

Diogelwch yn yr haf/ haul. Trafodwch pwysigrwydd wisgo eli haul a dillad addas ac i yfed digon o ddŵr. Beth am greu bag yr haf/ lan y môr yn cynnwys adnoddau addas? E.e sbectol haul, het haul, eli, bwced a rhaw

Discuss safety in the sun/ at summer time. Importance of wearing sunscreen, suitable clothing and drinking enough water.

Create a bag for the summer/ seaside e.g sunglasses, sun hat, lotion, bucket and spade



Rhifedd / Numeracy

Helpa lliwiau tu allan? Cuddio adnoddau picnic/ teganau lliw yn yr ardd yna enwi a thrafod y lliwiau.

Cadw pren lolipop gan osod rhifau arnynt yna trefnu rhifau 1-5, 1-10, 1-20? Defnyddiwch topiau poteli llaeth i drefnu rhifau?



Colour hunt in the outdoors? Hide picnic utensils/ coloured toys in the garden then name and discuss the colours.

Keep lollipop sticks and write numbers to arrange 1-5, 1-10, 1-20. Use milk bottle tops to arrange numbers?

Sgiliau corfforol a motor man/ Physical and fine motor skills

Chwarae gyda dŵr neu yn y pwll padlo— gerifa megis arllwys, llawn, gwag, suddo, arnofio, sblash, swigod



Water play — Vocabulary such as pour, full, empty, half full, float, sink, splash, bubbles

Beth am roi gynnig ar 'ioga yn yr ardd'?

How about some garden ioga?

GARDEN YOGA FOR KIDS



Ioga yn yr ardd

